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# Measuring the Quantum State of a Large Angular Momentum 

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#### Abstract

We demonstrate a general method to measure the quantum state of an angular momentum of arbitrary magnitude. The $(2 F+1) \times(2 F+1)$ density matrix is completely determined from a set of SternGerlach measurements with $(4 F+1)$ different orientations of the quantization axis. We implement the protocol for laser cooled Cesium atoms in the $6 S_{1 / 2}(F=4)$ hyperfine ground state and apply it to a variety of test states prepared by optical pumping and Larmor precession. A comparison of input and measured states shows typical reconstruction fidelities $\mathcal{F} \gtrsim 0.95$.


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The quantum state of a physical system contains information which can be used to statistically predict the outcome of measurements. The inverse problem was mentioned by Pauli in 1933 [1]: is it possible to determine an unknown quantum state by measuring a sufficiently complete set of observables on a number of identically prepared copies of the system? This basic question has gained new relevance in recent years, following the realization that systems whose components and evolution are manifestly quantum can perform tasks that are impossible with classical devices, such as certain computations, secure communication, and teleportation [2]. As we harness quantum coherent dynamics for such purposes, the development of techniques to accurately control and measure quantum states becomes a matter of practical as well as fundamental interest. Reconstruction of a (generally mixed) quantum state based on a record of measurements is a nontrivial problem with no general solution [3], but systemspecific algorithms have been developed and demonstrated in a limited number of cases. These include light fields [4], molecular vibrations [5], electron orbital motion [6], and center-of-mass motion in ion traps [7] and atomic beams [8]. More recently multiparticle states have been measured for entangled spin-1/2 systems in NMR [9] and for polarization-entangled photon pairs [10].

In this Letter we present a new method to measure the unknown quantum state for an angular momentum of arbitrary magnitude. The protocol is implemented for laser cooled Cesium atoms in the $6 S_{1 / 2}(F=4)$ hyperfine
ground state, and typically reproduces input test states with a fidelity better than 0.95 . Our work is motivated in part by our ongoing study of quantum transport and quantum coherence in magneto-optical lattices, where the atomic spin degrees of freedom couple to the center-of-mass motion [11]. The correlation between spin and motion in this system offers the possibility to use the angular momentum as a "meter" [12] to probe the spinor wave packet dynamics. A similar application has been proposed in cavity QED, where an atomic angular momentum can be used to read out the quantum state of light in an optical cavity [13]. We expect our technique also to provide a powerful tool to evaluate quantum logic gates for neutral atoms [14].

The angular momentum quantum state of an ensemble of atoms with spin quantum number $F$ is described by its density matrix $\varrho$. Newton and Young have shown that sufficient information to determine $\varrho$ can be extracted from a set of $4 F+1$ Stern-Gerlach measurements, carried out with different orientations of the quantization axis [15]. They derived an explicit solution for quantization directions $\hat{n}_{k}$ with a fixed polar angle $\theta$ and different azimuthal angles $\phi_{k}$. Our reconstruction algorithm uses the same general approach, but employs a numerical method to solve for the density matrix for a less restrictive choice of directions. This allows for flexibility in the experimental setup and improves the robustness against errors.

As a starting point for our reconstruction we choose a space fixed coordinate system $\{\hat{x}, \hat{y}, \hat{z}\}$ in which to
determine $\varrho$. If we perform a Stern-Gerlach measurement with the quantization axis along $\hat{z}$, we obtain the populations of the $2 F+1$ eigenstates $\left|m_{z}\right\rangle$ of $\hat{F}_{z}$, i.e., the diagonal elements of the density matrix $\varrho$. Information about the off-diagonal elements can be extracted from additional Stern-Gerlach measurements with quantization axes along directions $\hat{n}_{k} \neq \hat{z}$. For each of these measurements we obtain a new set of populations $\pi_{m}^{(k)}$, corresponding to the diagonal elements of a matrix $\varrho^{(k)}$ representing $\varrho$ in a rotated coordinate system with the quantization axis oriented along $\hat{n}_{k}$. The associated coordinate transformation is a rotation by an angle $\theta_{k}$ around an axis $\hat{u}_{k}$ in the $x y$ plane and perpendicular to $\hat{n}_{k}$ [see Fig. 1(a)]. The new populations can then be found from a unitary transformation of $\varrho$,

$$
\begin{equation*}
\pi_{m}^{(k)}=\langle m| R^{(k) \dagger} \varrho R^{(k)}|m\rangle=\sum_{i, j} R_{i m}^{(k) *} R_{j m}^{(k)} \varrho_{i j} \tag{1}
\end{equation*}
$$

where $-F \leq m, i, j \leq F$ and $1 \leq k \leq 4 F+1$. The rotation operators are given by $R^{(k)}=\exp \left[-\frac{i}{\hbar} \theta_{k} \hat{\mathbf{F}} \hat{u}_{k}\right]$. Arranging the populations $\pi_{m}^{(k)}$ and density matrix elements into vectors $\vec{\pi}$ and $\vec{\rho}$, Eq. (1) can be written as $\vec{\pi}=\mathbf{M} \vec{\rho}$, where the rectangular matrix $\mathbf{M}$ is determined by the set of rotations $\left\{R^{(k)}\right\}$. The elements of the density matrix $\varrho$ can then be obtained as $\vec{\rho}=\mathbf{M}^{+} \vec{\pi}$, where

$$
\begin{equation*}
\mathbf{M}^{+}=\sum_{i=1}^{R} \frac{1}{\sqrt{\lambda_{i}}} \mathbf{w}_{i} \mathbf{v}_{i}^{\dagger}=\left(\mathbf{M}^{\dagger} \mathbf{M}\right)^{-1} \mathbf{M}^{\dagger} \tag{2}
\end{equation*}
$$

is the Moore-Penrose pseudoinverse [16]. $R$ and $\lambda_{i}$ are the rank and nonzero eigenvalues of the Hermitian matrix $\mathbf{M}^{\dagger} \mathbf{M}$, with $\mathbf{w}_{i}$ and $\mathbf{v}_{i}$ being the corresponding eigenvectors of $\mathbf{M}^{\dagger} \mathbf{M}$ and $\mathbf{M} \mathbf{M}^{\dagger}$, respectively.

In an experiment there is measurement noise and systematic errors, which cause the observed populations $\pi_{m}^{(k)}$ to deviate from those predicted by Eq. (1). In this situation the pseudoinverse solution yields a least-squares fit to the data [16]. This fit, however, becomes sensitive to noise and errors if one or more of the $\lambda_{i}$ in Eq. (2) is close to zero. A robust reconstruction algorithm must therefore use a set of directions $\left\{\hat{n}_{k}\right\}$ that lead to reasonably large $\lambda_{i}$. A second problem arises because the pseudoinverse solution, while always the best fit to the data, is not guaranteed to be a physically valid density matrix - a density matrix has unit trace, is Hermitian, and has non-negative eigenvalues.


FIG. 1. (a) Direction $\hat{n}_{k}$ of a Stern-Gerlach measurement in spherical coordinates. (b) Time-of-flight distribution with wellseparated peaks corresponding to the populations in the magnetic sublevels $|m\rangle$.

The pseudoinverse solution automatically fulfills the first two conditions when the input populations are normalized. However, when negative eigenvalues occur we have to employ a different method to solve the inversion problem. For this purpose, we decompose $\varrho$ as

$$
\begin{aligned}
\varrho= & T T^{\dagger} \quad \text { with } \quad T_{i j}=0, \quad \text { for } j>i, \\
& \text { and } \quad T_{i i} \in \mathbb{R}, \sum_{i, j}\left|T_{i j}\right|^{2}=1
\end{aligned}
$$

This forces the density matrix to have unit trace, be Hermitian, and positive semidefinite. The $(2 F+1)^{2}-1$ independent real-valued parameters of the complex, lowertriangular matrix $T$ can then be optimized to yield the best fit between measured and expected populations.

We have implemented this general procedure for $\mathrm{Ce}-$ sium atoms in the $6 S_{1 / 2}(F=4)$ hyperfine ground state. A standard magneto-optical trap (MOT) and optical molasses setup is used to prepare an ensemble of $\sim 10^{6}$ atoms in a volume of $0.1 \mathrm{~mm}^{3}$ and at a temperature of $3.5 \mu \mathrm{~K}$. Atoms from the molasses are loaded into a near-resonance optical lattice, composed of a pair of laser beams with orthogonal linear polarizations (1D lin $\perp$ lin configuration) and counterpropagating along the (vertical) $\hat{z}$ axis. After this second laser cooling step the atoms are released from the lattice, at which point a range of angular momentum quantum states can be prepared.

A laser cooling setup provides a convenient framework for Stern-Gerlach measurements [17]. For each measurement we define the quantization axis by applying (switching time $\sim 2 \mu \mathrm{~s}$ ) a homogeneous bias magnetic field of $\sim 1 \mathrm{G}$ pointing in the desired direction. All subsequent changes in the magnetic field are adiabatic, which ensures that the initial projection of the atomic spin onto the direction of the field is preserved at later times. As the atoms fall under the influence of gravity, we apply a strong magnetic field gradient $(|\mathbf{B}| \approx 100 \mathrm{G}$ and $\nabla|\mathbf{B}| \approx 100 \mathrm{G} / \mathrm{cm}$ ) by pulsing on the MOT coils for 15 ms . The resulting state dependent force $\mathbf{F}=-m g_{F} \mu_{\mathbf{B}} \nabla|\mathbf{B}|$ is sufficient to separate the arrival times for atoms in different $|m\rangle$ as they fall through a probe beam located 7 cm below the MOT [see Fig. 1(b)]. The magnetic populations can then be accurately determined from a fit of nine Gaussians to the time-of-flight distribution. In our case a total of $4 F+1=17$ Stern-Gerlach measurements are needed to reconstruct $\varrho$. The corresponding 17 directions $\hat{n}_{k}$ of the bias field are produced by three orthogonal pairs of coils in near-Helmholtz configuration. This setup provides complete freedom to choose the measurement directions, and allows us to set the dc-magnetic field with an accuracy of $0.1^{\circ}$ in a volume of $1 \mathrm{~cm}^{3}$. For the results reported below we use 16 measurements with $\theta_{k} \approx 82^{\circ}$, and a single measurement with $\theta_{k}=0^{\circ}$-a geometry which is easy to implement and leads to large singular values $\lambda_{i}$.

We evaluate the performance of our reconstruction procedure by applying it to a number of known input states. These test states are created by a combination of laser


FIG. 2. (a) Density matrix of a pure $\left|m_{z}=-4\right\rangle$ input state obtained by optical pumping with $\sigma^{-}$-polarized light, and (b) measured density matrix with a fidelity of $\mathcal{F}=0.97$. Note: All figures display absolute values of the density matrices.
cooling, optical pumping, and Larmor precession. First consider optical pumping by a $\sigma^{-}$-polarized laser beam tuned to the $6 S_{1 / 2}(F=4) \rightarrow 6 P_{3 / 2}\left(F^{\prime}=4\right)$ transition, which allows us to prepare the ensemble in a pure $\mid m_{z}=$ $-4\rangle$ state. A single Stern-Gerlach measurement with quantization axis along $\hat{z}$ confirms the essentially unit population of this state. For a single nonzero population we can rule out off-diagonal elements due to the constraint $\left|\varrho_{i j}\right|^{2} \leq \varrho_{i i} \varrho_{j j}$, and in this case we therefore know the complete density matrix with a high degree of confidence. Both the input and measured density matrices are shown in Fig. 2, and show excellent agreement. To quantify the performance we use the fidelity [18]

$$
\mathcal{F}=\left(\operatorname{Tr}\left[\sqrt{\varrho_{i}^{1 / 2} \varrho_{r} \varrho_{i}^{1 / 2}}\right]\right)^{2}
$$

which is a measure of the closeness between the input ( $\varrho_{i}$ ) and the reconstructed $\left(\varrho_{r}\right)$ density matrices and takes on the value $\mathcal{F}=1$ when they are identical. For an $\mid m_{z}=$ $-4\rangle$ input state our reconstruction fidelity is $\mathcal{F}=0.97$. Optical pumping with $\sigma^{+}$yields a nearly pure $\left|m_{z}=4\right\rangle$ state, which we can similarly reconstruct with a fidelity of $\mathcal{F}=0.94$. Starting from $\left|m_{z}=-4\right\rangle$ we can further produce a range of spin-coherent states [19] by applying


FIG. 3. Measured density matrices for spin-coherent states obtained by Larmor precession of $\left|m_{z}=-4\right\rangle$ around $\hat{x}$ by (a) $30^{\circ}$ $[\mathcal{F}=0.95]$, (b) $60^{\circ}[\mathcal{F}=0.96]$, (c) $90^{\circ}[\mathcal{F}=0.95]$, and (d) $120^{\circ}[\mathcal{F}=0.92]$.


FIG. 4. (a) Input state $\left|m_{y}=0\right\rangle$ prepared by optical pumping with linear $\hat{y}$-polarized light, and the reconstruction result (b) represented in the $\left\{\left|m_{y}\right\rangle\right\}$ basis. The density matrices of input (c) and measured state (d) in the standard $\left\{\left|m_{z}\right\rangle\right\}$ basis. The fidelity is 0.96 .
a magnetic field and letting the state precess for a fraction of a Larmor period. Figure 3 shows the measured density matrices for four different precession angles.

It is desirable to also check the reconstruction of test states that are not quasiclassical, and whose density matrix exhibits large coherences far from the diagonal. One example of such a state is $\left|m_{y}=0\right\rangle$, which we can produce by optical pumping on the $F=4 \rightarrow F^{\prime}=4$ transition with linear polarization along $\hat{y}$. In this basis, the input state has the density matrix shown in Fig. 4(a). Its representation in the $\left\{\left|m_{z}\right\rangle\right\}$ basis is easily found by a (numerical) rotation by $90^{\circ}$ around $\hat{x}$ [Fig. 4(c)], and can be directly compared to the reconstruction [Fig. 4(d)]. To simplify the visual comparison we finally rotate the measured density matrix by $-90^{\circ}$ around $\hat{x}$ to find its representation in the $\left\{\left|m_{y}\right\rangle\right\}$ basis [Fig. 4(b)]. The basis independent reconstruction fidelity is $\mathcal{F}=0.96$. The nonclassical nature of the measured state is apparent in its Wigner function representation [20], which takes on negative values as shown in Fig. 5.

As a final test we have applied our procedure to the (presumably) mixed states that result from laser cooling.


FIG. 5. (a) Measured $\left|m_{y}=0\right\rangle$ state, represented by the Wigner function $W(\theta, \varphi)$ in spherical phase space. The darker shading indicates negative values. Selected cuts of $W(\theta, \varphi)$ along (b) $\varphi=-90^{\circ}$ and (c) $\theta=90^{\circ}$ (dotted lines $=$ input state, solid lines $=$ measured state $)$.


FIG. 6. Mixed states: (a) input state from a near-resonance lattice, and (b) measured result. The apparent coherences are real and due to a $6.5^{\circ}$ tilt of the lattice with respect to $\hat{z}$. (c) Nearly maximally mixed state obtained from optical molasses, and (d) corresponding measured density matrix. The respective fidelities are 0.99 .

Figures 6(a) and 6(b) show the input and reconstructed states produced by laser cooling in a 1 D lin $\perp$ lin lattice. The input state shown here is based on a single Stern-Gerlach measurement of the magnetic populations, but it seems reasonable to assume that the highly dissipative laser cooling process destroys coherences between magnetic sublevels and that the density matrix is diagonal. Our measurement confirms this assumption. We can perform the same experiment with atoms released directly from a 3D optical molasses, in which case there is no preferred spatial direction and one expects something close to a maximally mixed state. Figures 6(c) and 6(d) show input and measured density matrices in good agreement with this assumption.

In summary we have demonstrated a method to experimentally determine the complete density matrix of a large angular momentum, and tested its performance with a variety of angular momentum quantum states of an ensemble of laser cooled Cesium atoms. The input and reconstructed density matrices typically agree with a fidelity of $\mathcal{F} \gtrsim 0.95$. Fidelities less than 1 reflect imperfect measurements or, in some cases, could result from imperfect knowledge of the input state. Limitations on the accuracy to which the density matrix can be measured appear to derive from $\approx 3 \%$ uncertainties in the individual population measurements, and from variations in the direction of the bias magnetic field during the first few $\mu$ s when it is turned on. These variations are likely due to induced currents in metal fixtures and coils in the vicinity of our glass vacuum cell, and translate into uncertainty about the exact orientation of the quantization axes for the SternGerlach measurements. Efforts are underway to eliminate these problems and achieve even better reconstruction fidelities.

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