

Raman Coupling in 3-level Atoms

(5) Finally, the last term $\propto \frac{e^{-i\Delta t}}{\Delta}$ can be ignored because it averages to zero on the timescale on which b_1, b_3 evolve.

Note:

The ground state amplitudes evolve slowly Because $X_1/\Delta, X_2/\Delta \ll 1$, while the excited state amplitude evolves fast and adiabatically follows the instantaneous values of b_1, b_3

Plug the solution for $b_2(t)$ into the eqs. for b_1, b_3

$$\begin{aligned}\dot{b}_1(t) &= i \frac{X_1^2}{4\Delta} b_1(t) + i \frac{X_1 X_2}{4\Delta} b_3(t) \\ \dot{b}_3(t) &= -i \left(\delta - \frac{X_2^2}{4\Delta} \right) b_3(t) + i \frac{X_1 X_2}{4\Delta} b_1(t)\end{aligned}$$

We simplify by making a final change of variables

$$c_1(t) = b_1(t) e^{-i \frac{X_1^2}{4\Delta} t}, \quad c_3(t) = b_3(t) e^{-i \frac{X_1^2}{4\Delta} t}$$

$$\begin{aligned}\dot{c}_1(t) &= i \frac{X_1 X_2}{4\Delta} c_3(t) \\ \dot{c}_3(t) &= -i \left(\delta + \frac{X_1^2 - X_2^2}{4\Delta} \right) c_3(t) + i \frac{X_1 X_2}{4\Delta} c_1(t)\end{aligned}$$

These are two-level equations!

Physical Discussion: We have an effective 2-level atom with effective Rabi Frequency and detuning.

$$\chi_{\text{eff}} = \frac{X_1 X_2}{2\Delta}, \quad \delta_{\text{eff}} = \delta + \frac{X_1^2 - X_2^2}{4\Delta}$$

Note that $\chi_{\text{eff}} \sim X^2/\Delta$ while the excited state population $P_2 \sim X^2/\Delta^2$. This means that for large X, Δ we can have large χ_{eff} and no opportunity for spontaneous decay.

Coherent Rabi oscillations and long lived superposition states

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$$C_1(t) = b_1(t) e^{-i \frac{\chi_1^2}{4\Delta} t}, \quad C_3(t) = b_3(t) e^{-i \frac{\chi_2^2}{4\Delta} t}$$



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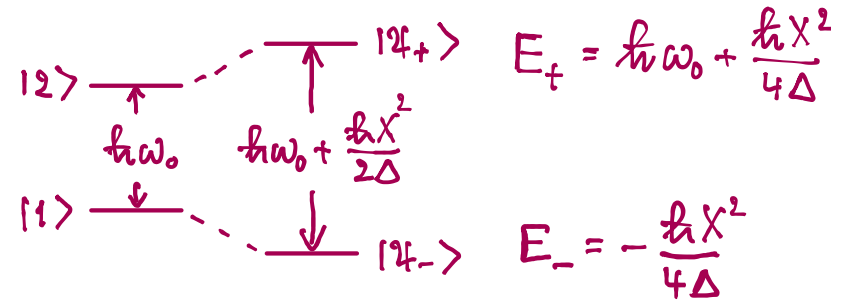
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Coherent Rabi oscillations and long lived superposition states

Note also: The effective Raman detuning is shifted.

HW Set 2: Dressed-states of a 2-level atom



3-level system \Rightarrow ground state shifts $\frac{\chi_1^2}{4\Delta}, \frac{\chi_2^2}{4\Delta}$

\Rightarrow Differential ground state shift $\frac{\chi_1^2 - \chi_2^2}{4\Delta}$

Final note: The atomic dipole $\langle \vec{\mu} \rangle$ will have components that match the frequency and polarization of both driving fields, with amplitudes that depend on both fields.

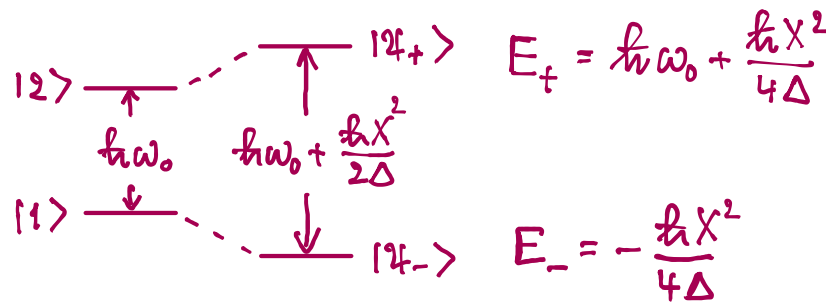


Non-Linear wave mixing, Breakdown of superposition principle

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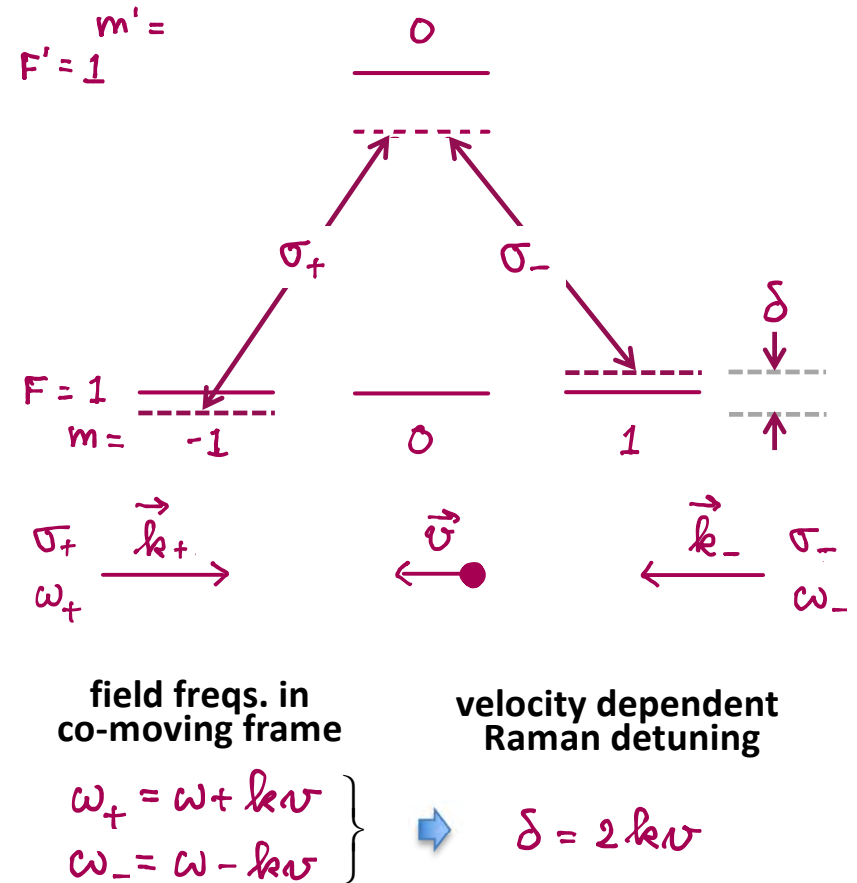
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**Non-Linear wave mixing,
Breakdown of superposition principle**

Example: Velocity dependent Raman Coupling



Applications:

- Doppler velocimetry
- Raman Cooling by velocity selective momentum transfer
- What if we apply a $\pi/2$ Raman pulse?
- Atom Interferometry

Density Matrix Description of 2-Level Atoms

Mental Warmup: What is a probability?

(1) Example: Coin toss

- We can describe physical states by probability distributions
- Probabilities are assigned based on prior knowledge, updated when additional info becomes available
- As such, probability distributions are subjective (states of knowledge)

(2) Example: Quincunx

<https://www.mathsisfun.com/data/quincunx.html>

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**This is the Bayesian
Interpretation of Probability**

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(4) Mixed Quantum & Classical Case

- We can easily envision a hybrid Quincunx that is part classical, part quantum.
- Physics needs an efficient description these kinds of intermediate situations

Density Matrix Description of 2-Level Atoms

(3) Example: Quantum Quincunx

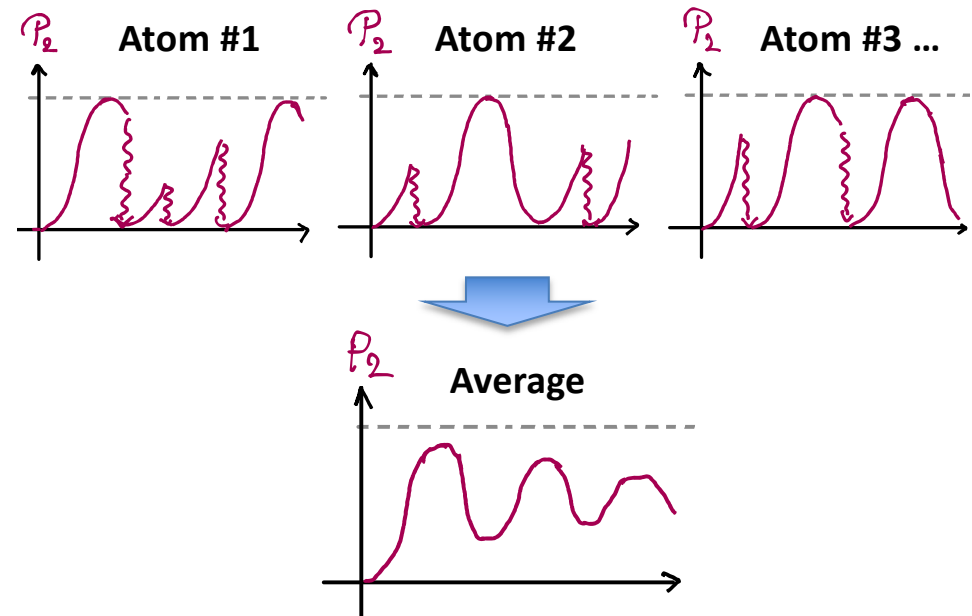
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(5) Example: Quantum Trajectories

- Ensemble of 2-level atoms undergoing Rabi oscillation with random decays



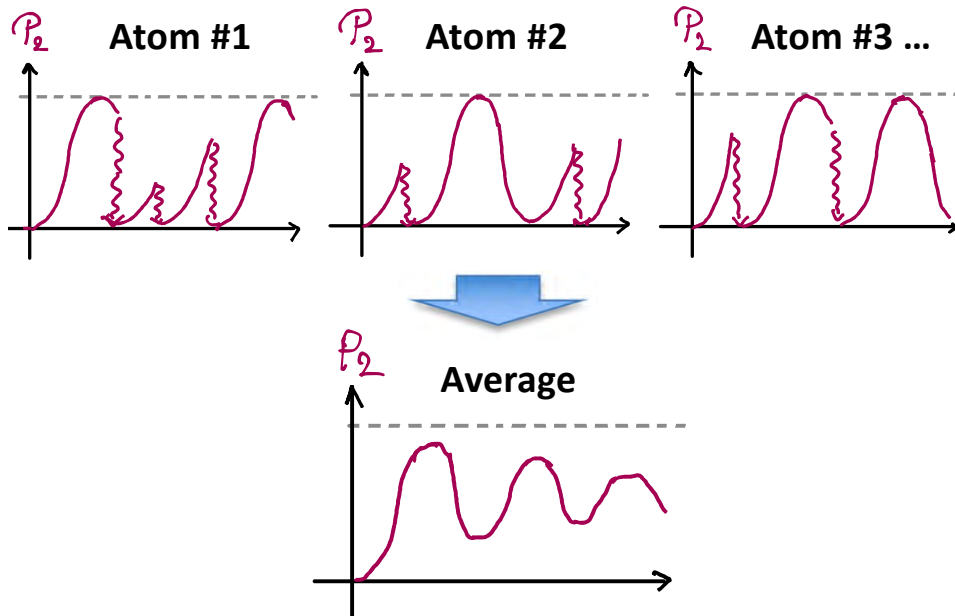
Definition: A system for which we know only the probabilities p_k of finding the system in state $|\psi_k\rangle$ is said to be in a statistical mixture of states. Shorthand: mixed state.

Shorthand for non-mixed state: pure state

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Definition: Density Operator for pure states

$$\rho(t) = | \psi(t) \rangle \langle \psi(t) |$$

Definition: Density Matrix

$$| \psi(t) \rangle = \sum_n c_n(t) | u_n \rangle \Rightarrow$$

$$\rho_{pn}(t) = \langle u_p | \rho(t) | u_n \rangle = c_p(t) c_n^*(t)$$

Definition: Density Operator for mixed states

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Note: A pure state is just a mixed state for which one $p_k = 1$ and the rest are zero.

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Let A be an observable w/eigenvalues a_n

Let P_n be the projector on the eigen-subspace of a_n

For a pure state, $\rho(t) = |\psi(t)\rangle\langle\psi(t)|$, we have

$$(*) \quad \text{Tr } \rho(t) = \sum_n \rho_{nn}(t) = \sum_n |c_n|^2 = 1$$

$$\begin{aligned} (*) \quad \langle A \rangle &= \langle \psi(t) | A | \psi(t) \rangle = \sum_p \langle \psi(t) | A | u_p \rangle \langle u_p | \psi(t) \rangle \\ &= \sum_p \langle u_p | \psi(t) \rangle \langle \psi(t) | A | u_p \rangle = \sum_p \langle u_p | \rho(t) A | u_p \rangle \\ &= \text{Tr}[\rho(t) A] \quad (|u_p\rangle \text{ basis in } \mathcal{H}) \end{aligned}$$

(*) Let P_n be the projector on eigensubspace of a_n

$$P(a_n) = \langle \psi(t) | P_n | \psi(t) \rangle = \text{Tr}[\rho(t) P_n]$$

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