Atom-Light Interaction: Multi-Level Atoms

Starting point - the Hydrogen atom

$$
\begin{aligned}
& H_{a}=\frac{P^{2}}{2 m}-\frac{1}{4 \pi \varepsilon_{0}} \frac{e^{2}}{|\vec{r}|} \\
& V_{e x t}(\vec{r}, \vec{R}, t)=-e \vec{r} \cdot \vec{E}(\vec{R}, t) \\
& \vec{r}: \text { relative } \vec{R}: \text { center-of-mass }
\end{aligned}
$$



Note: Frequencies for transitions $n \rightarrow n^{\prime}, n^{\prime \prime} \rightarrow n^{\prime \prime \prime}$ are very different $\Rightarrow$ near-resonant approx. with a single transition frequency $\omega \sim \omega_{0}$
Levels $\langle u \ell\rangle$ are generally degenerate with respect to the quantum number $m$, so we cannot isolate a 2-level system only through its transition frequency.

We must therefore consider Selection Rules

Interaction matrix element

$$
\left\langle n^{\prime} l^{\prime} n^{\prime}\right| V_{\text {ext }}|n \ell m\rangle \propto \int_{-\infty}^{\infty} d r^{3} \varphi_{n^{\prime} l^{\prime} m^{\prime}}^{*}(\vec{r}) \vec{r} \varphi_{n l m}(\vec{r})
$$

Wavefunction parity is even/odd depending on $\ell$

$$
\varphi_{n \ell m}(\vec{r})=(-1)^{l} \varphi_{n l m}(-\tilde{r})
$$

$\Rightarrow\langle | V\left\rangle\right.$ can be non-zero only if $\left(\ell-\ell^{\prime}\right)$ is odd.
This is the Parity Selection Rule!
${ }^{(*)}$ This is not strictly true due to spin-orbit coupling.

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Next: We will find selection rules that derive from the angular symmetry of the matrix element

We need to develop the proper math language
$\Rightarrow$ spherical basis vectors and harmonics
Consider an arbitrary set of orthonormal basis Vectors $\vec{\varepsilon}_{i}, \vec{\varepsilon}_{j}, \vec{\varepsilon}_{k}$. We can always write

$$
\vec{r}=\left(\vec{r} \cdot \vec{\varepsilon}_{i}\right) \vec{\varepsilon}_{i}+\left(\vec{r} \cdot \stackrel{\varepsilon}{\varepsilon}_{j}\right) \vec{\varepsilon}_{j}+\left(\vec{r} \cdot \vec{\varepsilon}_{h}\right) \vec{\varepsilon}_{k}
$$

Cartesian basis: $\quad \vec{\varepsilon}_{i}=\vec{\varepsilon}_{x}, \vec{\varepsilon}_{j}=\vec{\varepsilon}_{y}, \vec{\varepsilon}_{k k}=\vec{\varepsilon}_{z}$
(real-valued)
Spherical basis: $\quad\left\{\begin{array}{l}\vec{\varepsilon}_{i}=\vec{\varepsilon}_{1}=-\frac{1}{\sqrt{2}}\left(\vec{\varepsilon}_{x}+i \vec{\varepsilon}_{y}\right) \\ \vec{\varepsilon}_{j}=\vec{\varepsilon}_{-1}=\frac{1}{\sqrt{2}}\left(\vec{\varepsilon}_{x}-i \vec{\varepsilon}_{y}\right) \\ \vec{\varepsilon}_{h}=\vec{\varepsilon}_{0}=\vec{\varepsilon}_{z}\end{array}\right.$

Reminder: Scalar products of complex vectors

Dirac notation
$\{|a\rangle+i|b\rangle,|c\rangle\}$
$=(\langle a|-i\langle b|)|c\rangle$
$=\langle a \mid c\rangle-i\langle b \mid c\rangle$

Regular notation

$$
(\vec{a}+i \vec{b}) \cdot \vec{c}
$$

$$
=\vec{a} \cdot \vec{c}-i \vec{b} \cdot \vec{c}
$$

(anti-linear in $1^{\text {st }}$ factor)

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Math Preamble: The Spherical Basis
(1) Prove the relations (Homework)

$$
\vec{\varepsilon}_{q}^{*}=(-1)^{q} \vec{\varepsilon}_{q}, \quad \vec{\varepsilon}_{q} \cdot \cdot \vec{\varepsilon}_{q}=\delta_{q q^{\prime}}, \vec{\varepsilon}_{q^{\prime}} \cdot \vec{\varepsilon}_{q}^{*}=(-1)^{q} \delta_{-q^{\prime} q}
$$

(2) Show that

$$
\begin{gathered}
\vec{r}=\sum_{q=0, \pm 1}\left(\vec{r} \cdot \vec{\varepsilon}_{q}\right) \vec{\varepsilon}_{q}=r \sqrt{\frac{4 \pi}{3}} \sum_{q=0, \pm 1} y_{1}^{q} \vec{\varepsilon}_{q} \\
\text { where } \quad Y_{1}^{ \pm 1}(\theta, \varphi)= \pm \sqrt{\frac{3}{8 \pi}} \sin \theta e^{ \pm i \varphi} \\
Y_{1}^{0}(\theta, \varphi)=\sqrt{\frac{3}{4 \pi}} \cos \theta
\end{gathered}
$$

(Spherical Harmonics)

Example:

$$
\vec{\varepsilon}_{1}=\frac{1}{\sqrt{2}}\left(\vec{\varepsilon}_{x}+i \vec{\varepsilon}_{z}\right) \Rightarrow \vec{r} \cdot \vec{\varepsilon}_{1}=-\frac{1}{\sqrt{2}}\left(\vec{r}_{\cdot} \vec{\varepsilon}_{x}+i \vec{r} \cdot \vec{\varepsilon}_{y}\right)
$$

Substitute:
(Spherical Coordinates)

$$
\vec{r} \cdot \vec{\varepsilon}_{x}=r \sin \theta \cos \phi \quad \vec{r} \cdot \vec{\varepsilon}_{y}=r \sin \theta \sin \phi
$$

$$
\begin{aligned}
\vec{r} \cdot \vec{\varepsilon}_{1} & =r \frac{1}{\sqrt{2}}(\sin \theta \cos \varphi+i \sin \theta \sin \varphi) \\
& =r \frac{1}{\sqrt{2}} \sin \theta e^{i \varphi}=r \sqrt{\frac{4 \pi}{3}} y_{1}^{1}(\theta, \varphi)
\end{aligned}
$$

Relations for $q=0,-1$ follow similarly.

$$
\vec{r}=\sum_{q=0, \pm 1}\left(\vec{r} \cdot \vec{\varepsilon}_{q}\right) \vec{\varepsilon}_{q}=r \sqrt{\frac{4 \pi}{3}} \sum_{q=0, \pm 1} y_{1}^{q} \vec{\varepsilon}_{q}
$$

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Example:

$$
\vec{\varepsilon}_{1}=\frac{1}{\sqrt{2}}\left(\vec{\varepsilon}_{x}+i \vec{\varepsilon}_{y}\right) \Rightarrow \vec{r}_{\cdot} \vec{\varepsilon}_{1}=-\frac{1}{\sqrt{2}}\left(\vec{r}_{\cdot} \vec{\varepsilon}_{x}+i \vec{r} \cdot \vec{\varepsilon}_{y}\right)
$$

Substitute: (Spherical Coordinates)

$$
\begin{aligned}
\stackrel{\rightharpoonup}{r} \cdot \vec{\varepsilon}_{x} & =r \sin \theta \cos \phi \quad \stackrel{\rightharpoonup}{r} \cdot \vec{\varepsilon}_{y}=r \sin \theta \sin \phi \\
\vec{r} \cdot \vec{\varepsilon}_{1} & =r \frac{1}{\sqrt{2}}(\sin \theta \cos \varphi+i \sin \theta \sin \varphi) \\
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$$

End Math Preamble

Back to the Dipole Matrix Elements. First:

$$
\begin{aligned}
V_{\text {ext }}= & -e \vec{r} \cdot \vec{E}(t) \leftarrow \text { Hermitian } \\
\vec{E}(t)= & \frac{1}{2} E_{0}\left(\vec{\varepsilon}_{q} e^{-i \omega t}+\vec{\varepsilon}_{q}^{*} e^{i \omega t}\right) \\
= & \frac{1}{2} E_{0}\left(\vec{\varepsilon}_{q} e^{-i \omega t}+(-1)^{q} \vec{\varepsilon}_{q} e^{i \omega t}\right) \\
& \text { electric field polarization }
\end{aligned}
$$

$$
\begin{aligned}
& V_{\text {ext }}= \\
& -\sqrt{\pi / 3} e E_{0} r(\sum_{q^{\prime}} Y_{1}^{q^{\prime}} \underbrace{\delta_{q^{\prime}}(-q)}_{\left.\delta_{q^{\prime}}\right) \cdot\left(\vec{\varepsilon}_{q} e^{-i \omega t}+(-1)^{q} \vec{\varepsilon}_{-q} e^{i \omega t}\right)} \\
& V_{\text {ext }} \propto r\left(Y_{1}^{q} e^{-i \omega t}+(-1)^{q} y_{t}^{-q} e^{i \omega t}\right)
\end{aligned}
$$

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Back to the Matrix Elements. First:

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= & \frac{1}{2} E_{0}\left(\vec{\varepsilon}_{q} e^{-i \omega t}+(-1)^{q} \vec{\varepsilon}_{q} e^{i \omega}\right) \\
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\end{aligned}
$$

$$
V_{e x t} \propto r\left(Y_{1}^{q} e^{-i \omega t}+(-1)^{q} y_{t}^{-q} e^{i \omega t}\right)
$$

The matrix element = overlap integral

where

$$
\varphi_{n l m}(\vec{r})=R_{n} l(r) Y_{l}^{m}(\theta, \varphi)
$$

$$
\begin{aligned}
V_{21} & =\left\langle n^{\prime} l^{\prime} m^{\prime}\right| V_{\text {ext }}|n \ell m\rangle \\
& =R \times \prod_{\begin{array}{c}
\text { radial } \\
\text { integral }
\end{array}}^{\int_{4 \pi} d \Omega\left(Y_{R^{\prime}}^{m^{\prime}}\right)^{*}\left(Y_{1}^{q} e^{-i \omega t}+(-1)^{q} Y_{1}^{-q} e^{i \omega t}\right) Y_{R}^{m}}
\end{aligned}
$$

Thus, to within a constant factor

$$
V_{21}=\left\langle\ell^{\prime} m^{\prime}\right| Y_{1}^{q} e^{-i \omega t}+(-1)^{q} Y_{1}^{-q} e^{i \omega t}|\ell m\rangle=V_{12}^{*}
$$

Atom-Light Interaction: Multi-Level Atoms

The matrix element = overlap integral

$$
\begin{aligned}
& V_{21}=\left\langle n^{\prime} \ell^{\prime} m^{\prime}\right| V_{e_{x t}}|n \ell m\rangle \\
& \propto \int_{\mathbb{R}^{3}} d^{3} r \varphi_{n^{\prime} \ell^{\prime} m^{\prime}}(\vec{r}) \overbrace{r\left(Y_{1}^{q} e^{-i \omega t}+(-1)^{q} Y_{1}^{-q} e^{i \omega t}\right)} \varphi_{n \ell m}(\vec{r})
\end{aligned}
$$

where

$$
\varphi_{n l m}(\vec{r})=R_{n l}(r) Y_{l}^{m}(\theta, \varphi)
$$

$$
V_{21}=\left\langle n^{\prime} l^{\prime} m^{\prime}\right| V_{\text {ext }}|n \ell m\rangle
$$

$$
=\prod_{\substack{\text { radial } \\ \text { integral }}}^{\int_{4 \pi} d \Omega\left(Y_{R^{\prime}}^{m^{\prime}}\right)^{*}\left(Y_{1}^{9} e^{-i \omega t}+(-1)^{q} y_{1}^{-q} e^{i \omega t}\right) Y_{R}^{m}}
$$

Thus, to within a constant factor

$$
V_{21}=\left\langle\ell^{\prime} m^{\prime}\right| Y_{1}^{q} e^{-i \omega t}+(-1)^{q} Y_{1}^{-q} e^{i \omega t}|\ell m\rangle=V_{12}^{*}
$$

Resonant terms:

$$
\begin{array}{ll}
\frac{1}{1}|2\rangle=\mid \ell^{\prime} m & \\
e^{-i \omega t} & 12\rangle=\left|\ell^{\prime} m^{\prime}\right\rangle \\
\frac{e^{i \omega t}}{1}|1\rangle=|\ell m\rangle & \downarrow \\
& \downarrow\rangle=|\ell m\rangle
\end{array}
$$

Recall from 2-level system:

$$
\begin{aligned}
& i \dot{a}_{1}=-\frac{1}{2}\left(X_{12} e^{-i \omega t}+X_{21}^{*} e^{i \omega t}\right) a_{2} \\
& i \dot{a}_{2}=\omega_{21} a_{2}-\frac{1}{2}\left(X_{21} e^{-i \omega t}+X_{12}^{*} e^{i \omega t}\right) a_{1}
\end{aligned}
$$

$$
\begin{aligned}
& i c_{1}(t)=-\frac{1}{2}\left(x_{12} e^{-i 2 \omega t}+\chi_{21}^{*}\right) c_{2}(t) \\
& i \dot{c}_{2}(t)=\left(\omega_{21}-\omega\right) c_{2}(t)-\frac{1}{2}\left(x_{21}+x_{12}^{*} e^{i 2 \omega t}\right) c_{1}(t)
\end{aligned}
$$

(RNA)

$$
\begin{aligned}
& i \dot{c}_{1}(t)=-\frac{1}{2} x_{21}^{*} c_{2}(t) \\
& i \dot{c}_{2}(t)=\Delta c_{2}(t)-\frac{1}{2} x_{21} c_{1}(t)
\end{aligned}
$$

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The matrix element = overlap integral

$$
V_{21}=\left\langle n^{\prime} l^{\prime} m^{\prime}\right| V_{\text {ext }}|n \ell m\rangle
$$

$$
\alpha \int_{\mathbb{R}^{3}} d^{3} r \varphi_{n^{\prime} \ell^{\prime} m^{\prime}}^{\psi}(\vec{r}) \quad\left(\begin{array}{l}
\left.Y_{1}^{q} e^{-i \omega t}+(-1)^{q} y_{i}^{-q} e^{i \omega t}\right)
\end{array} \varphi_{n \ell m}(\vec{r})\right.
$$

where

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Thus, to within a constant factor

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$$

In the RWA we have $\left(y_{e}^{m}\right)^{*}=(-1)^{m} y_{e}^{-m}$, giving us

$$
\begin{aligned}
& V_{21} \propto\left\langle l^{\prime} m^{\prime}\right| V_{1}^{q} e^{-i \omega t}|l m\rangle \\
& V_{12} \propto\langle l m|(-1)^{q} y_{1}^{-q} e^{i \omega t}\left|\ell^{\prime} m^{\prime}\right\rangle
\end{aligned}
$$

$\underset{\text { factor }}{\text { dropping }}(-1)^{q}$

$$
\begin{aligned}
& V_{21} \propto \int d \Omega\left(Y_{l^{\prime}}^{m^{\prime}}\right)^{*} Y_{1}^{q} Y_{e}^{m} \propto\left\langle 1, q_{j} l m \mid l^{\prime} m^{\prime}\right\rangle \\
& V_{12} \propto \int d \Omega\left(Y_{e}^{m}\right)^{*} Y_{1}^{-q} Y_{e^{\prime}}^{m^{\prime}}
\end{aligned} \propto\left\langle 1,-q_{j} l^{\prime} m^{\prime} \mid \ell m\right\rangle
$$

Clebsch-Gordan coefficients

Next: We can understand this as conservation of angular momentum when a photon is absorbed or emitted

Selection Rules for Electric Dipole Transitions

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