

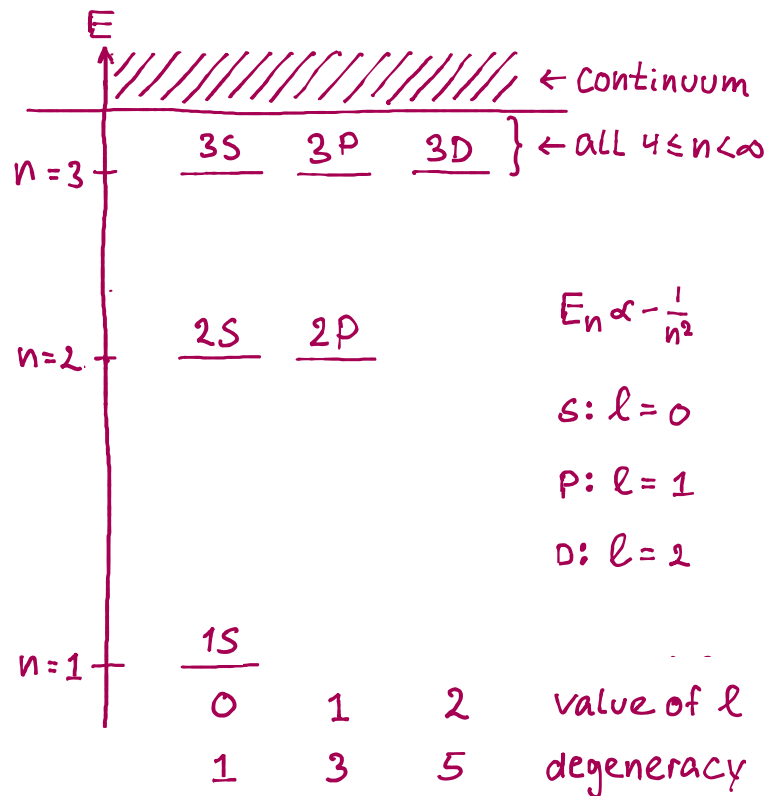
Atom-Light Interaction: Multi-Level Atoms

Starting point – the Hydrogen atom

$$H_a = \frac{p^2}{2m} - \frac{1}{4\pi\epsilon_0} \frac{e^2}{|\vec{r}|}$$

$$V_{ext}(\vec{r}, \vec{R}, t) = -e\vec{r} \cdot \vec{E}(\vec{R}, t)$$

\vec{r} : relative \vec{R} : center-of-mass



Note: Frequencies for transitions $n \rightarrow n'$, $n'' \rightarrow n'''$ are very different \Rightarrow near-resonant approx. with a single transition frequency $\omega \sim \omega_0$

Levels $|n, l\rangle$ are generally degenerate with respect to the quantum number m , so we cannot isolate a 2-level system only through its transition frequency.

We must therefore consider **Selection Rules**

Interaction matrix element

$$\langle n'l'm' | V_{ext} | nlm \rangle \propto \int_{-\infty}^{\infty} dr^3 \phi_{n'l'm'}^*(\vec{r}) \vec{r} \phi_{nlm}(\vec{r})$$

Wavefunction parity is even/odd depending on l

$$\phi_{nlm}(\vec{r}) = (-1)^l \phi_{nlm}(-\vec{r})$$

$\Rightarrow \langle IVI \rangle$ can be non-zero only if $(l-l')$ is odd.

This is the **Parity Selection Rule** !

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And thus in the RWA we get (use $(Y_e^m)^* = (-1)^m Y_e^{-m}$)

$$V_{21} \propto \langle l'm' | Y_1^q e^{-i\omega t} | lm \rangle$$

$$V_{12} \propto \langle lm | (-1)^q Y_1^{-q} e^{i\omega t} | l'm' \rangle$$

dropping the factor $(-1)^q$

$$V_{21} \propto \int d\Omega (Y_e^{m'})^* Y_1^q Y_e^m \propto \langle 1, q; l m | l' m' \rangle$$

$$V_{12} \propto \int d\Omega (Y_e^{m'})^* Y_1^{-q} Y_e^{m'} \propto \langle 1, -q; l' m' | l m \rangle$$

Clebsch-Gordan coefficients

Next: We can understand this as conservation of angular momentum when a photon is absorbed or emitted



Selection Rules for Electric Dipole Transitions

Reminder: Addition of Angular Momenta

Let $\vec{J} = \vec{J}_1 + \vec{J}_2 \Rightarrow$ eigenstates $\begin{cases} |j_1 m_1\rangle \\ |j_2 m_2\rangle \\ |j m\rangle \end{cases}$

We can write $|j m\rangle$ in the basis $|j_1 m_1\rangle |j_2 m_2\rangle$

$$|j m\rangle = \sum_{m_1, m_2} \overbrace{|j_1 m_1; j_2 m_2\rangle \langle j_1 m_1; j_2 m_2 | j m\rangle}^{\text{identity}}$$

$$= \sum_{m_1, m_2} \langle j_1 m_1; j_2 m_2 | j m\rangle |j_1 m_1; j_2 m_2\rangle$$

↑
Clebsch-Gordan coefficients

CG's are non-zero when

Conservation of Angular Momentum

$$|j_1 - j_2| \leq j \leq j_1 + j_2$$

$$m_1 + m_2 = m$$

Going back to the matrix element, $V_{21} \neq 0$

when $|1q\rangle$ combined w/ $|lm\rangle$ is consistent w/ $|l'm'\rangle$

↑ "photon" AM ↑ ground state AM ↑ excited state AM

Atom-Light Interaction: Multi-Level Atoms

The corresponding Selection Rules are

$$l' - l = 0, \pm 1, \quad m' - m = q, \quad q = 0, \pm 1$$

Combining with the Parity Rule, this gives us the

Electric Dipole Selection Rules

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End 02-08-2021 / Begin 02-10-2021

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Remarkably

- * These selection rules generalize to complex many – electron atoms, and after we include both electron and nuclear spins in the theory.
- * From a physics perspective, this reflects the conservation of angular momentum in rotationally invariant systems, and therefore transitions that do not conserve angular momentum are forbidden
- * To find the Clebsch-Gordan coefficients for different transitions we would need to use the Wigner-Eckart theorem, the proof of which is beyond this course.

General ED Selection Rules

$$\Delta L = \pm 1 \quad \vec{L}: \text{ total e orbital A. M.}$$

$$\Delta F = 0, \pm 1 \quad \vec{F}: \text{ total orbital + spin A. M.}$$

$$\Delta m_F = q = 0, \pm 1 \quad q: \text{ polarization of EM field}$$

Clebsch-Gordan coefficients $(E_{F', m_F'} > E_{F, m_F})$

$$\langle F', m_F' | V | F, m_F \rangle \propto \langle 1, q; F, m_F | F', m_F' \rangle$$

$$\langle F, m_F | V | F', m_F' \rangle \propto \langle 1, -q; F', m_F' | F, m_F \rangle$$

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Hydrogen atom

1S - 2S: forbidden 1S - 2P: allowed

Total spin: $\vec{F} = \vec{J} + \vec{I}$, $\vec{J} = \vec{L} + \vec{S}$

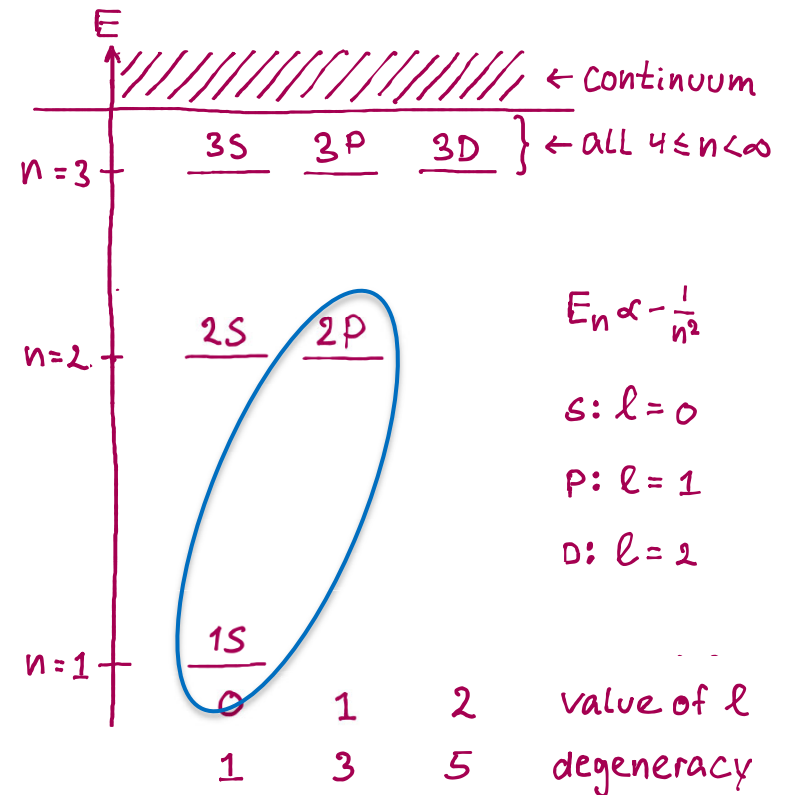
↑ nuclear ↑ orbital ↑ electron spin

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↑ ↑ ↑
nuclear orbital electron spin

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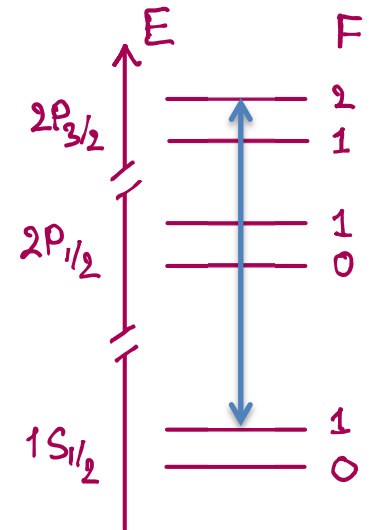
1S State:

$$J = 1/2, F = 0, 1$$

2P State:

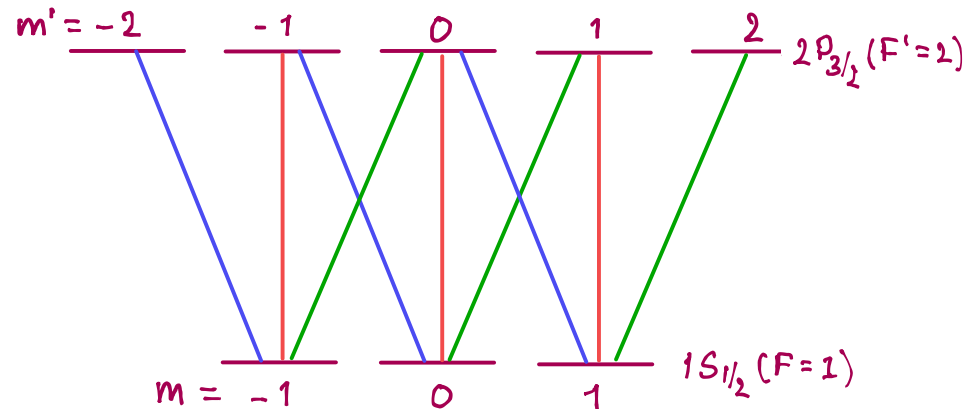
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$$J = 3/2, F = 1, 2$$



Level diagram for transitions

$$1S_{1/2} (F=1) \rightarrow 2P_{3/2} (F=2)$$



Polarization:

| $q = 0$
 / $q = 1$
 \ $q = -1$

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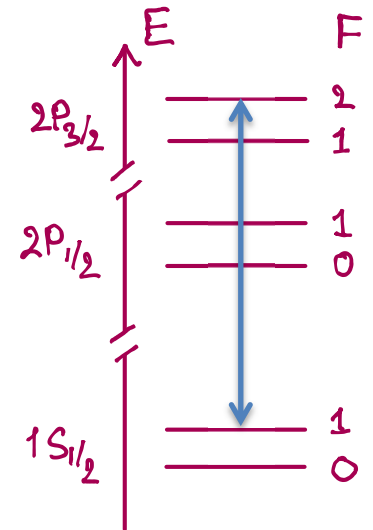
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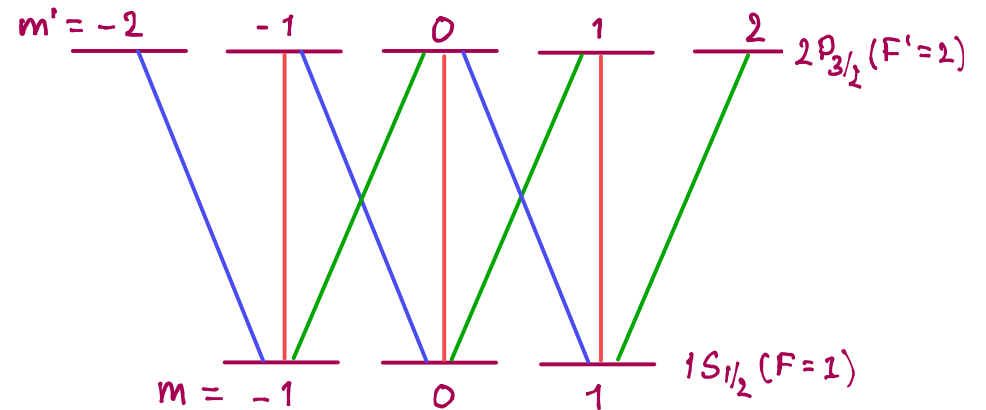
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Level diagram for transitions

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Polarization:

$$\begin{array}{|l} \text{red} \\ \text{green} \\ \text{blue} \end{array} \begin{array}{l} q = 0 \\ q = 1 \\ q = -1 \end{array}$$

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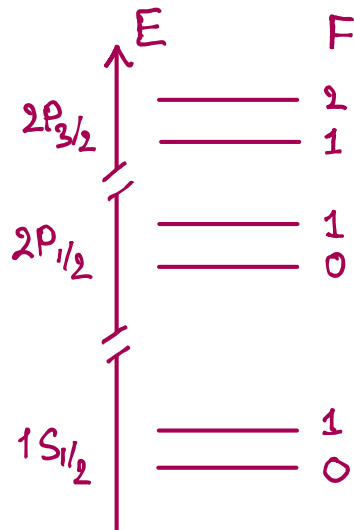
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2P State:

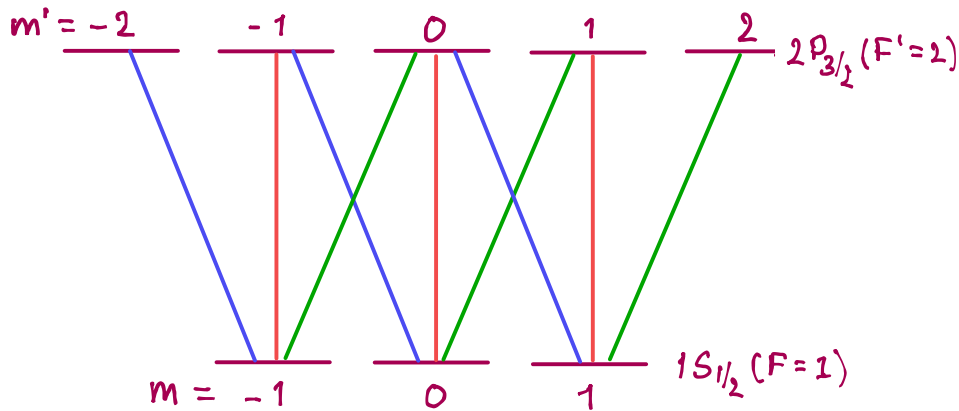
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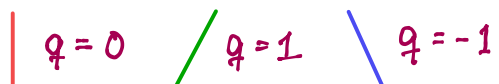


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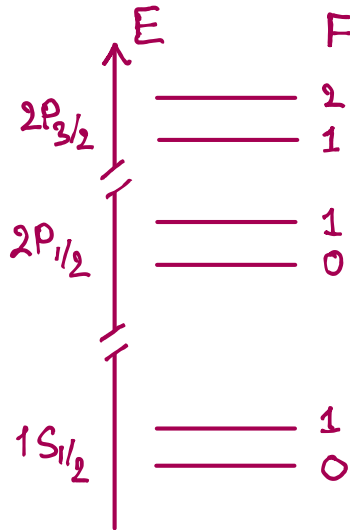
1S State:

$$J = 1/2, F = 0, 1$$

2P State:

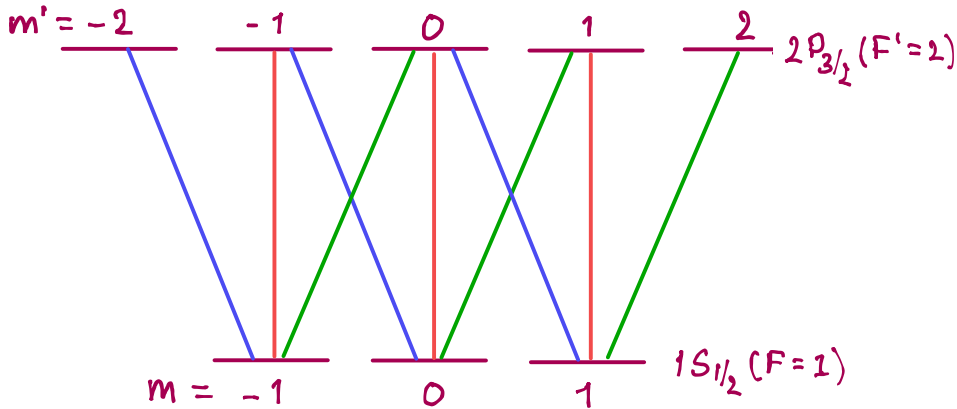
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$$1S_{1/2} (F=1) \rightarrow 2P_{3/2} (F=2)$$



Polarization:

$$\begin{array}{l} | \quad q=0 \\ / \quad q=1 \\ \backslash \quad q=-1 \end{array}$$

Note: When the field polarization is pure linear or circular the levels are coupled in pairs, and the oscillator strengths depend on the Clebsch-Gordan coefficients

Demo: Clebsch-Gordan Coefficients and Oscillator Strengths from Mathematica

* **Dense or hot gases:** Collisions redistribute Atoms between m -levels on very short time scales and the gas looks like a gas of 2-level atoms w/an effective coupling strength. If the dipole is oriented at random with the field, Then $\langle \hat{n} \cdot \hat{e}_q \rangle_{\text{angles}} \sim \frac{1}{2} |\langle \hat{n} \rangle|$. The same is true for unpolarized light

* **Short interaction time:** If the atoms are "unpolarized" (random m -level populations) and the interaction too brief to change this, the atoms behave as an ensemble with different oscillator strengths

* **Optical pumping:** In dilute gases without collisions, atoms can be "pumped" into a single, pure state, e. g., $1S_{1/2} (F=1, m_F=-1)$. If driven with $\hat{e}_q=1$ polarization this will realize a true 2-level system, as $2P_{3/2} (F=2, m'_P=2)$ can only decay back to $1S_{1/2} (F=1, m_F=1)$

* If more than one frequency or polarization is Present, one can often drive Raman transitions