Temporal Evolution of a Harmonic Oscillator

Consider a harmonic oscillator consisting of a particle of mass m, subject to the gravitational force mg [units: $N = kg \cdot m/s^2$] and hanging from a spring whose real and positive spring constant is α [units: N/m]. The dynamic friction coefficient of the system is the positive real constant β [units: $N \cdot s/m$]. The equation of motion along the *x*-axis is given by Newton's second law, f = ma, as follows:

$$-mg\hat{\mathbf{x}} - \alpha x(t)\hat{\mathbf{x}} - \beta \dot{x}(t)\hat{\mathbf{x}} = m\ddot{x}(t)\hat{\mathbf{x}}$$

$$\rightarrow \qquad \ddot{x}(t) + (\beta/m)\dot{x}(t) + (\alpha/m)x(t) + g = 0.$$
(1)



The equilibrium position of the particle is readily seen from Eq.(1) to be $x = -mg/\alpha$. Let the initial position and velocity of the particle at t = 0 be specified as $x(0) = x_0$ and $\dot{x}(0) = 0$, respectively. Taking the temporal variations of x(t) to be in the form of the exponential function $Ae^{\eta t}$ (with the parameters A and η as yet undetermined), we conjecture that

$$x(t) = -(mg/\alpha) + Ae^{\eta t}.$$
(2)

Substituting the above x(t) into Eq.(1), we find

$$[\eta^{2} + (\beta/m)\eta + (\alpha/m)]Ae^{\eta t} = 0.$$
 (3)

The quadratic expression on the left-hand side of Eq.(3) is found to have the following two roots:

$$\eta^{\pm} = -(\beta/2m) \pm \sqrt{(\beta/2m)^2 - (\alpha/m)}.$$
(4)

Considering that the equation of motion, Eq.(1), is linear, both solutions η^+ and η^- can be accepted, with a linear combination of two exponential solutions (albeit with different coefficients) replacing the term $Ae^{\eta t}$ in Eq.(2). Thus, the general form of the solution of Eq.(1) is

$$x(t) = -(mg/\alpha) + Ae^{\eta^{+}t} + Be^{\eta^{-}t}.$$
 (5)

The coefficients A and B may now be found by enforcing the initial conditions; that is,

i)
$$\dot{x}(t=0) = \left(A\eta^+ e^{\eta^+ t} + B\eta^- e^{\eta^- t}\right)\Big|_{t=0} = 0 \quad \to \quad B = -A\eta^+/\eta^-.$$
 (6)

ii)
$$x(t=0) = -(mg/\alpha) + A + B = x_0 \rightarrow A - (A\eta^+/\eta^-) = x_0 + (mg/\alpha).$$
 (7)

Consequently,

$$A = \frac{[x_0 + (mg/\alpha)]\eta^-}{\eta^- - \eta^+} = \frac{[x_0 + (mg/\alpha)](\sqrt{\beta^2 - 4m\alpha} + \beta)}{2\sqrt{\beta^2 - 4m\alpha}}, \qquad B = \frac{[x_0 + (mg/\alpha)](\sqrt{\beta^2 - 4m\alpha} - \beta)}{2\sqrt{\beta^2 - 4m\alpha}}.$$
 (8)

Substitution into Eq.(5) yields

$$x(t) = -(mg/\alpha) + \frac{1}{2} [x_0 + (mg/\alpha)] e^{-\beta t/2m} \times \left[\left(1 + \frac{\beta}{\sqrt{\beta^2 - 4m\alpha}} \right) e^{\sqrt{\beta^2 - 4m\alpha}t/2m} + \left(1 - \frac{\beta}{\sqrt{\beta^2 - 4m\alpha}} \right) e^{-\sqrt{\beta^2 - 4m\alpha}t/2m} \right].$$
(9)

It is straightforward to verify that the above x(t) satisfies $x(0) = x_0$ and $\dot{x}(0) = 0$. In the case of an over-damped system, where $\beta^2 > 4m\alpha$, Eq.(9) shows that, with increasing time, x(t)

decays exponentially with two different time-constants $\tau^{\pm} = 2m/(\beta \mp \sqrt{\beta^2 - 4m\alpha})$.[†] In the case of an under-damped system, where $\beta^2 < 4m\alpha$, we will have $\sqrt{\beta^2 - 4m\alpha} = i\sqrt{4m\alpha - \beta^2}$ and, therefore,

$$x(t) = -(mg/\alpha) + \frac{1}{2} [x_0 + (mg/\alpha)] e^{-\beta t/2m} \\ \times \left[\left(1 - \frac{\mathrm{i}\beta}{\sqrt{4m\alpha - \beta^2}} \right) e^{\mathrm{i}\sqrt{4m\alpha - \beta^2}t/2m} + \left(1 + \frac{\mathrm{i}\beta}{\sqrt{4m\alpha - \beta^2}} \right) e^{-\mathrm{i}\sqrt{4m\alpha - \beta^2}t/2m} \right].$$
(10)

Note that the two complex terms inside the square brackets on the right-hand side of Eq.(10) are conjugates and that, therefore, the overall solution x(t) is real-valued. To simplify the above expression of x(t), we introduce the complex constant C, as follows:

$$C = |C|e^{i\phi} = 1 + \frac{i\beta}{\sqrt{4m\alpha - \beta^2}}$$

$$\rightarrow |C| = \left(1 + \frac{\beta^2}{4m\alpha - \beta^2}\right)^{\frac{1}{2}} = \left(\frac{4m\alpha}{4m\alpha - \beta^2}\right)^{\frac{1}{2}}, \quad \phi = \tan^{-1}\left(\frac{\beta}{\sqrt{4m\alpha - \beta^2}}\right). \quad (11)$$

In streamlined form, Eq.(10) now becomes

$$x(t) = -(mg/\alpha) + \frac{1}{2}[x_0 + (mg/\alpha)]e^{-\beta t/2m} \\ \times \left(|C|e^{-i\phi}e^{i\sqrt{4m\alpha - \beta^2}t/2m} + |C|e^{i\phi}e^{-i\sqrt{4m\alpha - \beta^2}t/2m} \right) \\ \rightarrow x(t) = -(mg/\alpha) + [x_0 + (mg/\alpha)]|C|e^{-\beta t/2m}\cos[(\sqrt{4m\alpha - \beta^2}/2m)t - \phi].$$
(12)

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As before, it is easy to verify that the above x(t) satisfies the initial conditions $x(0) = x_0$ and $\dot{x}(0) = 0$. In this under-damped regime, the particle oscillates around its equilibrium position with frequency $\omega = \sqrt{(\alpha/m) - (\beta/2m)^2}$ and initial amplitude $[x_0 + (mg/\alpha)]|C| \cos \phi = x_0 + (mg/\alpha)$ at t = 0. The oscillation amplitude decays exponentially with a time-constant of $\tau = 2m/\beta$ as time progresses.

[†] For a critically-damped system, where $\beta^2 = 4m\alpha$, we will have $\eta^+ = \eta^- = -\beta/2m$. The homogeneous solutions of the equation of motion in this case will be $Ae^{-\beta t/2m}$ and $Bte^{-\beta t/2m}$. Enforcing the initial conditions then yields $A = x_0 + (mg/\alpha)$ and $B = (\beta/2m)A$. Consequently, $x(t) = -(mg/\alpha) + [x_0 + (mg/\alpha)][1 + (\beta/2m)t]e^{-\beta t/2m}$.